



Aspire Europe Course Summary

Aspire Europe offer a range of training solutions to support organisations in delivering their change effectively, many of our courses offer formal qualifications that are unique to Aspire Europe Ltd to help motivate and recognise the achievements of your teams.

Training is only one element of raising your capability and improving performance, the proof of the pudding is whether the new skills and knowledge is put into action back in the business. A maturity assessment to identify your strengths and weaknesses and using training as a vehicle to underpin improvements is an essential element of the improvement mix. We can offer a skills matrix for each of the key roles in change to help you target your training, and can conduct a maturity assessment using P3M3® to provide you with a baseline.

Title	Description	Days	Target audience	F2F	EL	Exam
Introduction to Project Management	An introduction the basic concepts and techniques of project management for individuals who are just taking up the role in a project for the first time	2	All team members that might interface with a project	Y	Y	Yes
Introduction to PRINCE2®	Overview of the key concepts of lifecycle, control and roles and responsibilities, based on PRINCE2®	1	All team members that might interface with a project.	Y	Y	No
Introduction to Programme Management	Provide an introduction to the basic concepts of programme management and uses the MSP® Framework to explain this	1	All team members that might interface with a programme	Y	Y	No
Introduction to Change Management	Stimulating overview of key aspects of change theory to raise awareness of the key concepts	1	Any team or role involved in delivering change who wishes to gain a basic insight into the concepts	Y	Y	Yes
MSP® Executive Briefing	The workshop content is driven by the attendees and their specific situation. The workshop facilitator will engage with the attendees to discuss their situation and adjust the topics and depth of discussion to meet their needs	0.5	This course is ideal for all directors involved in change programmes and projects	Y	N	No
MSP® Foundation	Entry level MSP® qualification which covers the entire framework and ends with the multi-choice exam	3	Team members who are actively involved with programmes, either from a business or project perspective	Y	Y	Yes

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MSP® Practitioner workshop	Event that takes a more detailed approach to MSP® and prepares for the examination	2	Team members who are part of the programme team and wish to go to gain detailed knowledge of MSP®	Y	Y	Yes
MSP® Advanced workshop	The event will work with a case study and teach delegates how to run a programme using MSP®	2	Experienced programme managers who want to achieve the highest level of qualification	Y	N	Yes
PRINCE2® Foundation	Entry level qualification to the AXELOS project management standard	3	Individuals with a basic understanding of project management who are working in a PRINCE2® environment	Y	Y	Yes
PRINCE2® Practitioner	Workshop to take individuals to the Practitioner level and prepare for the examination	2	Experienced Project Manager who require the higher level of qualification to support their effectiveness	Y	Y	Yes
P3O® Foundation	This course takes you to the Foundation level qualification	3	Our course has been developed by the Lead Author of the book and is for anyone involved within the Portfolio Office	Y	Y	Yes
P3O® Practitioner	Workshop to take individuals to the Practitioner level and prepare for the examination	2	Any staff involved in P3O® roles who wish to gain the qualification	Y	Y	Yes
MoP® Foundation	This course takes you to the Foundation level qualification	3	Any staff involved in Portfolio management roles and wish to gain an understanding of best practice, as well as a qualification	Y	Y	Yes
MoP® Practitioner	Workshop to take individuals to the Practitioner level and prepare for the examination	2	Any staff involved in Portfolio management roles and wish to gain an understanding of best practice, as well as a qualification	Y	Y	Yes
M_o_R® Foundation	This course takes you to the Foundation level qualification	3	Any staff that need to learn and apply the concepts of risk management and specifically understand the principles and language of the M_o_R® method	Y	Y	Yes
M_o_R® Practitioner	Workshop to take individuals to the Practitioner level and prepare for the examination	2	Any staff that need to learn and apply the concepts of risk management and specifically understand the principles and language of the M_o_R® method	Y	Y	Yes
APM Project Fundamentals Qualification (PFQ)	The course covers the latest version (6th edition) of the APM Body of Knowledge and provides delegates with a sound introduction into project	2	Staff with little understanding or are new to project management and wishing to gain a broad understanding of the principles of the	Y	Y	Yes

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	management fundamentals which can be carried from one job to another		profession			
APM Project Management Qualification (PMQ)	The course covers the latest version (6th edition) of the APM Body of Knowledge and provides delegates with a solid grounding in all elements of project management from individual assignments to large scale capital projects	5	Staff wishing to achieve a broad level of project management knowledge sufficient to participate in projects from individual assignments through to large capital projects	Y	N	Yes
Planning Principles	Basic principles of good planning and builds on the learning from MSP® and PRINCE2®	1	Project managers who need to get a better understanding of basic planning and estimating	Y	Y	Yes
Stakeholder Management Principles	Course to outline the critical activities, tools and techniques for effectively engaging and meeting stakeholder needs	1	Individuals within programmes and projects that need to have a greater knowledge of stakeholders than is delivered in standard courses	Y	Y	Yes
Benefits Management Principles	Event to explain the principles of Benefits Realisation Management, its tools and techniques	1	Individuals within programmes and projects that need to have a greater knowledge of benefits than is delivered in standard courses	Y	Y	Yes
Risk Management Principles	Based on Management of Risk and covers the processes and techniques	1	Individuals within programmes and projects that need to have a greater knowledge of risk than is delivered in standard courses	Y	Y	Yes
Vision and Blueprint Principles	The course provides an overview of the responsibilities, tools and skills required to kick off the design of an effective change programme	1	Any staff involved in change related roles	Y	Y	Yes
APMG International Change Management™ Foundation	This course takes you to the Foundation level qualification	3	Team members being effected by or effecting Change, and individuals who will need to support their colleagues, team and organisation through change, and/or manage themselves through change	Y	Y	Yes
APMG International Change Management™ Practitioner	Workshop to take individuals to the Practitioner level and prepare for the examination	2	Any staff involved in change management and seeking the Foundation/Practitioner qualifications	Y	Y	Yes

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APMG International Managing Benefits™ Foundation	This course takes you to the Foundation level qualification	3	The target audience includes all those with a role in ensuring best use of funds by maximizing the benefits realized from change initiatives	Y	Y	Yes
APMG International Managing Benefits™ Practitioner	Workshop to take individuals to the Practitioner level and prepare for the examination	2	The target audience includes all those with a role in ensuring best use of funds by maximizing the benefits realized from change initiatives	Y	Y	Yes
AgileBA® Foundation & Practitioner	This is the 4 day approach to gaining the Foundation & Practitioner qualification (3 days training and 1 day for the Practitioner exam)	4	This course is ideal for those likely to be involved in business analysis within an Agile project	Y	N	Yes
AgilePM® Foundation	Delivering projects using an Agile approach requires different ways of thinking and different ways of working for the project manager and all those involved. This course covers the AgilePM handbook version 2 and takes you up to the Foundation level qualification	3	This course is ideal for any staff managing or involved in the delivery of a project that is to be delivered using an Agile approach	Y	N	Yes
AgilePM® Practitioner	Workshop to take individuals to the Practitioner level and prepare for the examination	2	This course is ideal for any staff managing or involved in the delivery of a project that is to be delivered using an Agile approach	Y	N	Yes
Better Business Cases™ Foundation & Practitioner	This is the 5 day approach to gaining the Foundation & Practitioner qualification. The course and examinations are based on The Five Case Model, the UK government's best practice approach to planning spending proposals and enabling effective business decisions.	5	This course is ideal for those responsible for developing and producing spending proposals or their assessment and approval	Y	N	Yes
SRO Master Class	Introduces the key concepts of programme management and the function of the SRO	0.5	Directors and senior managers who want an overview of their role	Y	N	No
APMG International PPS™	The professional Programme and Project Sponsorship (PPS) qualification has been developed specifically for Senior Responsible	2	This course is ideal for all senior managers involved in change programmes and projects for example	Y	N	Yes

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	Owners (SROs) and Sponsors or Executives of Programmes and Projects.					
Business Change Manager Master Class	Targeted at one of the most difficult programme roles to fill, it outlines the critical activities and skills during the lifecycle	2	Individuals who come from the business and inherit the role of BCM, probably with no previous experience of this type of role	Y	N	Yes
Programme Office Principles	Provides and overview of models, key processes and activities of the Programme Office	1	Staff who work in the Programme Office who need to see the broader picture of their role	Y	N	Yes
P3M3[®] Maturity Introduction Workshop	The purpose of this workshop is to enable the planning and undertake a maturity assessment of their organisation's project, programme and/or portfolio capability	1	This course is ideal for any staff involved in change related roles	Y	N	Yes

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