Aspire Europe Course Summary

Aspire Europe offer a range of training solutions to support organisations in delivering their change effectively, with many of our courses offering formal qualifications unique to Aspire Europe Ltd to help motivate and recognise the achievements of your teams.

Training is only one element of raising your capability and improving performance, the proof of the pudding is whether the new skills and knowledge is put into action back in the business. A maturity assessment to identify your strengths and weaknesses and using training as a vehicle to underpin improvements is an essential element of the improvement mix. We can offer a skills matrix for each of the key roles in change to help you target your training, and can conduct a maturity assessment using P3M3® to provide you with a baseline.

Title	Description	Days	Target audience	F2F	EL	Exam
Introduction to Project Management	An introduction to the basic concepts and techniques of Project Management	2	Individuals undertaking a role in a project for the first time or who has an interest in Project Management	Y	Y	Yes
Introduction to PRINCE2®	Overview of the key concepts of lifecycle, control and roles and responsibilities in a project, based on PRINCE2® 2017	1	Individuals working in a project environment	Y	Y	No
Introduction to Programme Management	An introduction to the basic concepts of Programme Management using the MSP® Framework as a basis	1	Individuals working in a programme environment	Y	Y	Yes
Introduction to M_o_R®	It provides an overview of all change activities such as what is in the portfolio, costing, risks and what progress is being made	1	Individuals involved in Portfolio Management roles who wish to gain an understanding of best practice	Y	Y	No
Introduction to Change Management	Overview of the key aspects of Change theory to raise awareness of the key concepts	1	Individuals involved in delivering change who wish to gain a basic insight into the concepts	Y	Y	No
MSP® Foundation	Entry level MSP® qualification which covers the entire framework and ends with the multi-choice exam	3	Individuals who are actively involved with programmes, either from a business or project perspective	Y	Y	Yes
MSP® Practitioner	Next level MSP® qualification develops the knowledge further against scenarios and prepares delegates for the Practitioner exam	2	Individuals actively involved in a Programme/Project Team who wish to enhance their knowledge of MSP® further	Y	Y	Yes

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MSP® Advanced Practitioner	This course works with a Case Study to show delegates how to run a Programme in practice using MSP®	2	Experienced Programme Managers looking to apply their learning in a practical module and achieve the highest level qualification	Y	N	Yes
PRINCE2® Foundation	Entry level qualification introducing the concepts of Project Management using the PRINCE2® techniques	3	Individuals with a basic understanding of Project Management who are working in a PRINCE2® environment	Y	Y	Yes
PRINCE2® Practitioner	Next level PRINCE2® qualification develops the knowledge further against scenarios and prepares delegates for the Practitioner exam	2	Experienced Project Manager who require the higher level of qualification to support their effectiveness	Y	Y	Yes
P30® Foundation	Introduces the concepts of Portfolios, Programmes and Projects and the structures supporting these	3	Individuals involved in P30® roles wishing to gain a qualification	Y	Y	Yes
P30® Practitioner	Next level P30® qualification develops a greater understanding of the roles and responsibilities and how to tailor them	2	Individuals involved in P30® roles wishing to take their learning to a higher level	Y	Y	Yes
MoP® Foundation	An overview of MoP® including approaches to implementation, benefits and assessing maturity	3	Any individuals in Portfolio Management roles who wish to gain an understanding of best practice on the way to gaining a qualification	Y	Y	Yes
MoP® Practitioner	Next level MoP® qualification gives increased confidence in real world application of effective Portfolio Management	2	Individuals involved in Portfolio Management roles wishing to take their learning to a higher level	Y	Y	Yes
M_o_R® Foundation	Provides the understanding and knowledge of the M_o_R® methodology at theory and application level to achieve Foundation level qualification	3	Individuals needing to learn and apply the concepts of Risk Management, specifically in relation to understanding the principles and language of the M_o_R® method	Y	Y	Yes
M_o_R® Practitioner	Next level M_o_R® qualification develops knowledge and understanding of effective Risk Management and prepares delegates for their Practitioner examination	2	Individuals looking to gain more confidence in real world application of effective Risk Management	Y	Y	Yes
APM Project Fundamentals Qualification (PFQ)	The course covers the latest version (6th edition) of the APM Body of Knowledge and provides delegates with the fundamentals necessary to apply the key elements of Project Management	2	Any individuals new to Project Management who wish to gain a broad understanding of Project Management which can be carried from role to role	Y	Y	Yes

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APM Project Management Qualification (PMQ)	The course covers the latest version (6th edition) of the APM Body of Knowledge and allows delegates to demonstrate their understanding of all elements of Project Management	5	Individuals wishing to achieve a broad level of Project Management knowledge sufficient to participate in projects ranging from individual assignments through to large capital projects	Y	N	Yes
Planning Principles	Introduces the basic principles of good planning and builds upon the learning from MSP® and PRINCE2®	1	Project Managers looking to gain a better understanding of basic planning and estimating	Y	Y	Yes
Stakeholder Management Principles	Outlines the critical activities, tools and techniques for effectively engaging and meeting stakeholder needs	1	Individuals within programmes and projects looking to increase their understanding of how to engage and influence stakeholders	Y	Y	Yes
Benefits Management Principles	Introduces delegates to the concepts and tools of Benefits Management leading to the effective control of the process for delivering benefits	1	Individuals within programmes and projects looking to develop a systematic approach to Benefits Managements initiatives	Y	Y	Yes
Risk Management Principles	Provides an overview of the key concepts of Risk Management in a business or public setting based on published industry based best practice	1	Individuals within programmes and projects looking to increase their confidence in the practical application of Risk Management techniques	Y	Y	Yes
Vision and Blueprint Principles	Introduces delegates to the theory and practice of key change planning activities	1	Individuals looking to gain an overview of the responsibilities, tools and skills required to commence the design of and effective Change Programme	Y	Y	Yes
Finance Management Principles	Introduces delegates to the key financial concepts required for effective Project Management	1	Individuals looking to increase their confidence and understanding of Financial Management, especially in relation to a business case	Y	N	No
Business Case Principles	Takes delegates through the role of the Business Case in a major Change Programme including the concepts of value management and how to gather financial evidence	2	Individuals looking to gain an overall understanding of practical steps involved in developing a sound Business Case	Y	N	Yes
APMG International Change Management™ Foundation	Provides a basic understanding of the principles, theories and guidance on organisational Change Management leading to an internationally recognised qualification to prove your knowledge and understanding	3	Any individual being affected by or effecting Change, including those who will need to support their colleagues, team and organisation through Change, and/or manage themselves through Change	Y	Y	Yes

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APMG International Change Management™ Practitioner	Provides a thorough understanding of the principles and practice of managing Change in organisations through proven tools, techniques and approaches	2	Individuals involved in Change Management looking to further develop the skills and knowledge acquired at Foundation level	Y	Y	Yes
APMG International Managing Benefits™ Foundation	Provides delegates with a thorough understanding of the Managing Benefits™ approach providing the skills required to manage benefits realisation in line with the strategic aims of a business	3	The target audience includes all those with a role in ensuring best use of funds by maximizing the benefits realised from change initiatives	Y	Y	Yes
APMG International Managing Benefits™ Practitioner	Provides delegates with increased confidence in real-world application of effective benefits management	2	The target audience includes all those with a role in ensuring best use of funds by maximizing the benefits realised from change initiatives	Y	Y	Yes
AgileBA® Foundation & Practitioner	This is a guidance, training and certification scheme designed for Business Analysts working in an Agile environment through use of the Agile Business Analysis Handbook	4	This course is ideal for those likely to be involved in business analysis within an Agile project	Y	N	Yes
AgilePM® Foundation	Provides delegates with an Agile overview and the understanding of the sequencing of activities in an Agile project. The course covers the AgilePM handbook version 2 and includes the Foundation level qualification	3	This course is ideal for any individuals managing or involved in the delivery of a project to be delivered using an Agile approach	Y	N	Yes
AgilePM® Practitioner	Provides delegates with sufficient knowledge, theory and application of the AgilePM® methodology to achieve the Practitioner level qualification	2	This course is ideal for any individuals managing or involved in the delivery of a project to be delivered using an Agile approach who wish to develop their skills further	Y	N	Yes
Better Business Cases™ Foundation	BBC™ is a systematic and objective approach to all stages of the Business Case development. This Foundation level course provides an introduction to BBC™and prepares delegates for the Foundation level examination	3	This course is ideal for any individual responsible for developing, producing and approving business cases	Y	N	Yes
Better Business Cases™ Practitioner	Provides delegates with sufficient knowledge, theory and application to achieve the	2	This course is ideal for individuals responsible for developing, producing and approving business cases who wish to enhance their	Y	N	Yes

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	Practitioner level qualification		learning to Practitioner level			
SRO & Sponsor Executive Briefing	This workshop looks at the key challenges facing an SRO and develops an understanding of what makes an individual effective in the role	0.5	This half-day workshop is aimed at Senior Programme Leaders with a general understanding of PRINCE2® and MSP®	Y	N	No
APMG International PPS™	Introduces delegates to the role of the sponsor, particularly in engaging stakeholders	2	The professional Programme and Project Sponsorship (PPS) qualification has been developed specifically for Senior Responsible Owners (SROs) and Sponsors or Executives of Programmes and Projects	Y	N	Yes
Business Change Manager Master Class	Introduces delegates to the best practice in Business Change Management	2	Individuals new to the role of BCM, probably with no previous experience of this type of role	Y	N	Yes
Programme Office Practitioner	This course focuses on the process aspect of the role, specifically looking at how to design and effectively manage a good process	1	Individuals working in the Programme Office looking to gain a broader picture of their role with the option of gaining a qualification	Y	N	Yes
Project Manager Soft Skills	Covers the basic concepts of soft skills such as effective listening, communication and negotiating to increase effectiveness as a Project Manager	1	Designed for Project Managers and individuals looking to develop their influencing skills to win support for their projects	Y	N	Yes
Gate Reviewer	Provides delegates with a sound understanding of the principles of effective Gate reviews with the option to gain a qualification	1	Designed for in-house individuals who are part of an internal gate process	Y	N	Yes
P3M3® Maturity Introduction Workshop	The purpose of this workshop is to enable the planning and undertake a maturity assessment of their organisation's project, programme and/or portfolio capability	1	This course is ideal for any staff involved in change related roles	Y	N	Yes

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